

AN *IN VITRO* SYSTEM FOR DETERMINING
FORMATION OF A β AMYLOID

CROSS-REFERENCE TO RELATED APPLICATIONS

- [0001] This application is a divisional application of U.S. Appl. No. 08/294,819, filed August 26, 1994 (now allowed), which disclosure is incorporated by reference herein in entirety.

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BACKGROUND OF THE INVENTION

Field of the Invention

- [0002] The present invention is directed to various assays for detection of A β amyloid, screening candidate agents for their ability to prevent or reverse the formation of A β amyloid *in vitro*, as well as kits which are used in the present methods.

Background Art

- [0003] Aggregation of A β in the brain is believed to contribute to dementia, characteristic of Alzheimer's disease (AD) and Down's syndrome, a condition characterized by premature AD. A β , a 4.3-kDa peptide, is the principal constituent of the cerebral amyloid deposits, a pathological hallmark of

Alzheimer's disease (AD) (Masters *et al.*, *Proc. Natl. Acad. Sci. USA* 82:4245-4249 (1985); Glenner & Wong, *Biochem. Biophys. Rev. Commun.* 120:885-890 (1984)). A β is derived from the much larger amyloid protein precursor (APP) (Kang *et al.*, *Nature* 325:733-736 (1987); Tanzi *et al.*, *Science* 235:880-884 (1987); Robakis *et al.*, *Proc. Natl. Acad. Sci. USA* 84:4190-4194 (1987); Goldgaber *et al.*, *Science* 235:877-880 (1987)), whose physiological function remains unclear. The cause of Alzheimer's disease remains elusive; however, the discovery of mutations of APP close to or within the A β domain (Goate *et al.*, *Nature* 349:704-706 (1991); Levy *et al.*, *Science* 248:1124-1126 (1990); Murrell *et al.*, *Science* 254:97-99 (1991); Hendricks *et al.*, *Nature Genet.* 1:218-221 (1992), linked to familial AD (E. Levy *et al.*, *Science* 248:1124 (1990); A β Goate *et al.*, *Nature* 349:704 (1991); M. Chartier-Harlin *et al.*, *Nature* 353:844 (1991); J. Murrell, M. Farlow, B. Ghetti, M.D. Benson, *Science* 254:97 (1991); L. Hendricks *et al.*, *Nature Genet.* 1:218 (1992); M. Mullan *et al.*, *Nature Genet.* 1:345 (1992)), indicates that the metabolism of A β and APP is likely to be intimately involved with the pathophysiology of this disorder.

[0004] Soluble A β is secreted in cell cultures and is found as a 40-residue peptide (A β ₁₋₄₀) in the cerebrospinal fluid (CSF) (Shoji *et al.*, *Science* 258:126-129 (1992); Seubert *et al.*, *Nature* 359:325-327 (1992); Haass *et al.*, *Nature* 359:322-325 (1992)), but is not found at elevated levels in sporadic AD cases (M. Shoji *et al.*, *Science* 258:126 (1992); P. Seubert *et al.*, *Nature* 359:325 (1992)). Physiological factors which can induce the aggregation of soluble A β are of interest in determining the cause of A β amyloid formation. Synthetic A β ₁₋₄₀ remains soluble at concentrations up to 16 mg/ml in neutral phosphate buffer (Tomski & Murphy, *Arch. Biochem. Biophys.* 294:630-638 (1992)), indicating that overproduction of soluble A β cannot sufficiently explain A β precipitation. Hence, biochemical mechanisms which promote A β amyloid formation in sporadic cases would appear to be relevant to the pathogenesis of AD. Furthermore, soluble A β in cerebrospinal fluid is not increased in AD cases (Shoji *et al.*, *Science* 258:126-129 (1992)), indicating that other pathogenetic mechanisms are likely to be involved.

[0005] In recent years, the study of A β peptide has led to making cell lines that express or overexpress A β or its precursor protein, APP or increased amounts of its more amyloidogenic A β ₁₋₄₂ form. See N. Suzuki *et al.*, *Science* 264:1336-1340 (1994); X-D Cai *et al.*, *Science* 259:514-516 (1993); F.S. Esch *et al.*, *Science* 248:1122-1124 (1990). Moreover, monoclonal antibodies to A β peptide have been generated (see, e.g. U.S. patent serial number 5,231,000, issued July 27, 1993). These monoclonal antibodies are useful as reagents for use in detecting presence of A β amyloid.

BRIEF SUMMARY OF THE INVENTION

[0006] The process described in this invention involves the rapid induction of A β amyloid by a heavy metal cation such as zinc to form amyloid. In a preferred embodiment of the invention, the proportion of an A β ₁₋₄₀ solution which remains filtrable after incubation with zinc is assayed and the effects of candidate pharmacological agents on the filtrate are measured to determine their ability to maintain the solubility of A β in physiological solution and thus prevent A β amyloid formation.

[0007] A method for the *in vitro* induction of A β amyloid has been previously described (J.T. Jarrett *et al.*, *Biochem.* 32:4693-4697 (1993)). However, this method has many disadvantages, such as a requirement for high concentrations of peptide and prolonged incubation periods (days) with results that are qualitative rather than quantitative. In contrast, some of the major advantages of the present invention are that the technique is reliable, rapid (can be carried out in minutes), is easily quantifiable, and is achieved with low micromolar concentrations of peptide.

[0008] Hence, the present invention relates to an *in vitro* method for the rapid screening of candidate reagents which are likely to be effective in preventing or reversing the formation of amyloid deposits *in vivo* which are characteristic of Alzheimer's disease and related pathological conditions. Promising candidate reagents which are selected through one of the *in vitro* methods of the present

invention may then be tested for their effectiveness *in vivo* in patients which are suffering from Alzheimer's disease or who are at risk for developing Alzheimer's disease.

[0009] One aspect of the invention relates to a rapid analytical method for detection of A β amyloid formation in a biological fluid which comprises:

(a) preparing a first set of reaction mixtures comprising neat biological fluid from a control human subject, and serial dilutions of the same made in aqueous buffer or physiological solution;

(b) preparing a second set of reaction mixtures comprising neat biological fluid from a human patient suspected of amyloidosis, and serial dilutions of the same made in aqueous buffer or physiological solution;

(c) adding an equal amount of A β peptide comprising at least amino acids 6 to 28 of A β to each serial dilution sample;

(d) contacting each of the first and the second set of reaction mixtures with an amount greater than 300 nM of a heavy metal cation capable of binding to an A β peptide comprising at least amino acids 6 to 28 of A β ;

(e) centrifuging each of the first and the second sets of reaction mixtures to give a first and a second set of pellets, respectively; and

(f) comparing the amount of amyloid in the first and the second set of pellets and thereby detecting excessive A β amyloid formation in the biological fluid from the human patient suspected of amyloidosis.

[0010] A second aspect of the invention relates to a method for determining whether a compound inhibits the formation of A β amyloid which comprises:

(a) pre-filtering an aqueous buffer solution of A β peptide, which comprises at least the region in the A β peptide from amino acid number 6 to 28 to give a first filtrate;

(b) measuring the amount of A β peptide in the first filtrate obtained in step (a);

(c) contacting the first filtrate obtained in step (a) with a heavy metal cation capable of binding to the peptide comprising at least amino acids 6 to 28 of A β to give a reaction mixture;

(d) contacting the reaction mixture obtained in step (c) with a candidate anti-amyloidotic agent;

(e) filtering the reaction mixture obtained in step (d) to give a second filtrate; and

(f) comparing the amount of A β peptide in the second filtrate with the amount of A β peptide in the first filtrate, thereby determining whether the candidate compound inhibits formation of A β amyloid.

[0011] A third aspect of the invention relates to a method for determining whether a compound inhibits formation of A β amyloid which comprises:

(a) assembling a first and a second reaction mixture, wherein each reaction mixture comprises an equal amount of a pre-filtered A β peptide solution, which comprises at least the region in the A β peptide from amino acid number 6 to 28, and an aqueous buffer or physiological solution;

(b) contacting each of the first and the second reaction mixtures with an equal amount of a candidate anti-amyloidotic agent;

(c) contacting the first reaction mixture with a heavy metal cation capable of binding to the peptide comprising at least amino acids 6 to 28 of A β ;

(d) contacting the second reaction mixture with EDTA; and

(e) comparing the amount of amyloid formed in the first reaction mixture with that in the second reaction mixture, thereby determining whether the candidate compound inhibits the formation of A β amyloid.

[0012] A fourth aspect of the invention relates to a method for determining whether a compound inhibits formation of A β amyloid which comprises:

(a) assembling a first and a second reaction mixture, wherein each reaction mixture comprises an equal amount of a prefiltered A β peptide solution, which contains at least the region in the A β peptide from amino acid number 6 to 28, and an aqueous buffer or physiological solution;

(b) contacting each of the first and the second reaction mixtures with an equal amount of a candidate anti-amyloidotic agent;

(c) contacting only the first reaction mixture with a heavy metal cation capable of binding to the peptide comprising at least amino acids 6 to 28 of A β ; and

(d) comparing the amount of amyloid formed in the first reaction mixture with that in the second reaction mixture, thereby determining whether the compound inhibits formation of A β amyloid.

[0013] A fifth aspect of the invention relates to a method for determining whether a compound inhibits formation of A β amyloid which comprises:

(a) establishing a first and a second cell culture comprising a cell line which expresses at least a human A β peptide comprising at least the region of the A β peptide from amino acid number 6 to 28;

(b) contacting equal concentrations of zinc to each cell culture;

(c) contacting the first cell culture with the candidate agent, and contacting the second cell culture with a heavy metal chelating agent; and

(d) comparing the amount of amyloid and zinc-induced A β aggregates in each cell culture, thereby determining effectiveness of the candidate anti-amyloidotic agent.

[0014] A sixth aspect of the invention relates to a method for determining whether a compound inhibits formation of A β amyloid which comprises:

(a) establishing a first and a second cell culture comprising a cell line which expresses at least a human A β peptide comprising at least the region of the A β peptide from amino acid number 6 to 28;

(b) contacting the first cell culture with zinc to give a first reaction mixture;

(c) contacting the first reaction mixture and the second cell culture with the candidate agent; and

(d) comparing the amount of amyloid and zinc-induced A β aggregates in each cell culture, thereby determining effectiveness of the candidate anti-amyloidotic agent.

[0015] A seventh aspect of the invention relates to a kit for determining whether a compound inhibits formation of A β amyloid which comprises a carrier means

being compartmentalized to receive in close confinement therein one or more container means wherein

- (a) the first container means contains a peptide comprising at least the region of the A β peptide from amino acid number 6 to 28; and
- (b) a second container means contains a heavy metal cation.

BRIEF DESCRIPTION OF THE FIGURES

[0016] FIGS. 1a, 1b, 1c, 1d and 1e. Analyses of $^{65}\text{Zn}^{2+}$ binding to A β . Values shown are means \pm S.D., $n \geq 3$. FIG. 1a. Scatchard plot. Aliquots of A β were incubated (60 min) with $^{65}\text{Zn}^{2+}$ in the presence of varying concentrations of unlabeled Zn^{2+} (0.01-50 μM total). The proportion of $^{65}\text{Zn}^{2+}$ binding to immobilized peptide (1.0 nmol) described two binding curves as shown. The high-affinity binding curve has been corrected by subtracting the low-affinity component, and the low-affinity curve has had the high-affinity component subtracted. FIG. 1b. Bar graph showing the specificity of the Zn^{2+} binding site for metals. A β was incubated (60 min) with $^{65}\text{Zn}^{2+}$ (157 nM, 138,000 cpm) and competing unlabeled metal ions (50 μM total). FIG. 1c. Bar graph showing $^{65}\text{Zn}^{2+}$ (74 nM, 104,000 cpm) binding to negative (aprotinin, insulin a-chain, reverse peptide 40-1) and positive (bovine serum albumin (BSA)) control proteins and A β fragments (identified by their residue numbers within the A β sequence, *gln11* refers to A β_{1-28} where residue 11 is glutamine). Percent binding of total counts $^{65}\text{Zn}^{2+}$ /min added is corrected for the amounts (in nanomoles) of peptides adhering to the membrane. FIG. 1d. Scatchard plot. As for FIG. 1a, with A β_{1-28} peptide substituting for A β_{1-40} . 157 nM ^{65}Zn (138,000 cpm) is used in this experiment to probe immobilized peptide (1.6 nmol). FIG. 1e. Graph showing the pH dependence of $^{65}\text{Zn}^{2+}$ binding to A β_{1-40} .

[0017] FIGS. 2a, 2b and 2c. Effect of Zn^{2+} and other metals on A β polymerization using G50 gel filtration chromatography. Results shown are indicative of $n \geq 3$ experiments where 55 μg of A β is applied to the column and eluted in 15 ml, monitored by 254 nm absorbance. FIG. 2a. A graph showing the

chromatogram of A β in the presence of EDTA, 50 μ M, Zn $^{2+}$, 0.4 μ M; Zn $^{2+}$, 25 μ M; and Cu $^{2+}$, 25 μ M. The elution points of molecular mass standards and relative assignments of A β peak elutions are indicated. Mass standards were blue dextran (2×10^6 kDa, V_0 = void volume), BSA (66 kDa), carbonic anhydrase (29 kDa), cytochrome *c* (12.4 kDa), and aprotinin (6.5 kDa). The mass of A β is 4.3 kDa. FIG. 2b. Bar graph showing the relative amounts (estimated from areas under the curve) of soluble A β eluted as monomer, dimer, or polymer in the presence of various metal ions (25 μ M), varying concentrations of Zn $^{2+}$ or Cu $^{2+}$ (the likelihood of Tris chelation is indicated by upper limit estimates), and EDTA. Data for experiments performed in the presence of copper were taken from 214 nm readings and corrected for comparison. FIG. 2c. Bar graph showing the effects of pre-blocking the chromatography column with BSA upon the recovery of A β species in the presence of zinc (25 μ M), copper (25 μ M), or chelator.

[0018] FIGS. 3a and 3b. A β binding to kaolin (aluminum silicate): effects of zinc (25 μ M), copper (25 μ M), and EDTA (50 μ M). FIG. 3a. Bar graph showing the concentration (by 214 nm absorbance) of A β remaining in supernatant after incubation with 10 mg of G50 Sephadex. FIG. 3b. Bar graph showing the concentration (by 214 nm absorbance) of A β remaining in supernatant after incubation with 10 mg of kaolin, expressed as percent of the starting absorbance.

[0019] FIGS. 4a and 4b. Effect of Zn $^{2+}$ upon A β resistance to tryptic digestion. FIG. 4a. A blot of tryptic digests of A β (13.9 μ g) after incubation with increasing concentrations of zinc (lane labels, in micromolar), stained by Coomassie Blue. Digestion products of 3.6 kDa (A β_{6-40}), and 2.1 kDa (A β_{17-40}), as well as undigested A β_{1-40} (4.3 kDa), are indicated on the *left*. The migration of the low molecular size markers (*STD*) are indicated (in kilodaltons) on the *right*. FIG. 4b. A bar graph showing $^{65}\text{Zn}^{2+}$ binding to A β tryptic digestion products. The blot in a was incubated with $^{65}\text{Zn}^{2+}$, the visible bands excised, and the bound counts for each band determined. These data are typical of $n = 3$ replicated experiments.

[0020] FIG. 5. Scatchard analysis of ^{65}Zn binding to rat A β_{1-40} . Dissolved peptides (1.2 nMol) were dot-blotted onto 0.20 μ PVDF membrane (Pierce) and competition analysis performed as described in Example 1 (FIG. 1). Rat A β_{1-40}

and human $A\beta_{1-40}$ were synthesized by solid-phase Fmoc chemistry. Purification by reverse-phase HPLC and amino acid sequencing confirmed the synthesis. The regression line indicates a K_A of 3.8 μM . Stoichiometry of binding is 1:1. Although the data points for the Scatchard curve are slightly suggestive of a biphasic curve, a biphasic iteration yields association constants of 2 and 9 μM , which does not justify an interpretation of physiologically separate binding sites.

[0021] FIGS. 6a, 6b, 6c and 6d. Effect of zinc upon human, ^{125}I -human and rat $A\beta_{1-40}$ aggregation into $>0.2 \mu$ particles. Stock human and rat $A\beta_{1-40}$ peptide solutions (16 μM) in water were pre-filtered (Spin-X, Costar, 0.2 μ cellulose acetate, 700g), brought to 100 mM NaCl, 20 mM Tris-HCl, pH 7.4 (buffer 1) \pm EDTA (50 μM) or metal chloride salts, incubated (30 minutes, 37°C) and then filtered again (700g, 4 minutes). The fraction of the $A\beta_{1-40}$ in the filtrate was calculated by the ratio of the filtrate OD₂₁₄ (the response of the OD₂₁₄, titrated against human and rat $A\beta_{1-40}$ concentrations (up to 20 μM in the buffers used in these experiments), was determined to be linear) relative to the OD₂₁₄ of the unfiltered sample. All data points are in triplicate, unless indicated. FIG. 6a. A graph showing the proportions of $A\beta_{1-40}$, incubated \pm Zn^{2+} (25 μM) or EDTA (50 μM) and then filtered through 0.2 μ , titrated against peptide concentration. FIG. 6b. A graph showing the proportion of $A\beta_{1-40}$ (1.6 μM) filtered through 0.2 μ , titrated against Zn^{2+} concentration. ^{125}I -human $A\beta_{1-40}$ (^{125}I -human $A\beta_{1-40}$ was prepared according to the method in Mantyh *et al.*, *J. Neurochem.* 61:1171 (1993) (15,000 CPM, the kind gift of Dr. John Maggio, Harvard Medical School) was added to unlabeled $A\beta_{1-40}$ (1.6 μM) as a tracer, incubated and filtered as described above. The CPM in the filtrate and retained on the excised filter were measured by a γ -counter. FIG. 6c. A bar graph showing the proportion of $A\beta_{1-40}$ (1.6 μM) filtered through 0.2 μ following incubation with various metal ions (3 μM). The atomic number of the metal species is indicated. FIG. 6d. A graph showing the effects of Zn^{2+} (25 μM) or EDTA (50 μM) upon kinetics of human $A\beta_{1-40}$ aggregation measured by 0.2 μ filtration. Data points are in duplicate.

[0022] FIGS. 7a, 7b, 7c and 7d. Size estimation of zinc-induced $A\beta$ aggregates. FIGS. 7a and 7b. Bar graphs showing the proportion of $A\beta_{1-40}$ (1.6 μM in

100 mM NaCl, 20 mM Tris-HCl, pH 7.4 (buffer 1), incubated \pm Zn^{2+} (25 μM) or EDTA (50 μM) and then filtered through filters of indicated pore sizes (Durapore filters (Ultrafree-MC, Millipore) were used for this study, hence there is a slight discrepancy between the values obtained with the 0.22 μ filters in this study compared to values obtained in FIG. 6 using 0.2 μ Costar filters). FIG. 7c. A bar graph showing $^{65}\text{ZnCl}_2$ (130,000 CPM, 74 nM) used as a tracer of the assembly of the zinc-induced aggregates of human $\text{A}\beta_{1-40}$ produced in FIGS. 7a and 7b. By determining the amounts of $\text{A}\beta_{1-40}$ and ^{65}Zn in the filtrate, the quantities retarded by the filters could be determined, and the stoichiometry of the zinc: $\text{A}\beta$ assemblies estimated. FIG. 7d. Bar graph. Following this procedure, the filters, retaining Zn: $\text{A}\beta$ assemblies, were washed with buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4) + EDTA (50 μM x 300 μl , 700g, 4 minutes). The amounts of zinc-precipitated $\text{A}\beta_{1-40}$ resolubilized in the filtrate fraction were determined by OD_{214} , and expressed as a percentage of the amount originally retained by the respective filters. ^{65}Zn released into the filtrate was measured by γ -counting.

[0023] FIGS. 8a and 8b. Zinc-induced tinctorial amyloid formation. FIG. 8a. Zinc-induced human $\text{A}\beta_{1-40}$ precipitate stained with Congo Red. The particle diameter is 40 μ . $\text{A}\beta_{1-40}$ (200 μl x 25 μM in buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4)) was incubated (30 minutes, 37°C) in the presence of 25 μM Zn^{2+} . The mixture was then centrifuged (16,000g x 15 minutes), the pellet washed in buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4) + EDTA (50 μM), pelleted again and resuspended in Congo Red (1% in 50% ethanol, 5 minutes). Unbound dye was removed, the pellet washed with buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4) and mounted for microscopy. FIG. 8b. The same aggregate visualized under polarized light, manifesting green birefringence. The experiment was repeated with EDTA (50 μM) substituted for Zn^{2+} and yielded no visible material.

[0024] FIG. 9. A graph showing the effect of zinc and copper upon human, ^{125}I -human and rat $\text{A}\beta_{1-40}$ aggregation into >0.2 μ particles. Stock human and rat $\text{A}\beta_{1-40}$ peptide solutions (16 μM) in water were pre-filtered (Spin-X, Costar, 0.2 μ cellulose acetate, 700g), brought to 100 mM NaCl, 20 mM Tris-HCl, pH 7.4

(buffer 1) \pm EDTA (50 μ M) or metal chloride salts, incubated (30 minutes, 37°C) and then filtered again (700g, 4 minutes). The fraction of the $A\beta_{1-40}$ in the filtrate was calculated by the ratio of the filtrate OD₂₁₄ (the response of the OD₂₁₄, titrated against human and rat $A\beta_{1-40}$ concentrations (up to 20 μ M in the buffers used in these experiments), was determined to be linear) relative to the OD₂₁₄ of the unfiltered sample. All data points are in triplicate, unless indicated. (FIG. 9). The graph shows the proportions of $A\beta_{1-40}$, incubated \pm Zn²⁺ (25 μ M) or Cu²⁺ or EDTA (50 μ M) and then filtered through 0.2 μ , titrated against peptide concentration.

[0025] FIG. 10. The amino acid sequence of human $A\beta$ peptide (SEQ ID NO:1). The amino acid sequence of human $A\beta$ peptide is depicted and amino acid positions are numbered.

[0026] Other features and advantages of the invention will be apparent from the following detailed description, and from the claims.

DETAILED DESCRIPTION OF THE INVENTION

[0027] $A\beta_{1-40}$, a major component of Alzheimer's disease cerebral amyloid, is present in the CSF and remains relatively soluble at high concentrations (\leq 3.7 mM). Thus, physiological factors which induce $A\beta$ amyloid formation provide valuable clues to the pathogenesis of the disease. It has been discovered that human $A\beta$ specifically and saturably binds zinc. Concentrations of zinc above 300 nM rapidly destabilize human $A\beta_{1-40}$ solutions, inducing tinctorial amyloid formation. Meanwhile, rat $A\beta_{1-40}$ binds zinc less avidly and is immune to these effects, perhaps explaining the scarcity with which these animals form cerebral $A\beta$ amyloid. Collectively, these data suggest a potentially critical role for cerebral zinc metabolism in the neuropathogenesis of Alzheimer's disease.

[0028] Further, it has been observed that abnormalities of zinc homeostasis occur in AD and DS patients. It has now been shown that $A\beta$ specifically and saturably binds zinc, manifesting high-affinity binding ($K_A = 107$ nM) compatible with normal CSF zinc levels, and low-affinity binding ($K_A = 5.2$ μ M). Cerebral zinc

homeostasis, which has been reported to be abnormal in AD (D. Wenstrup, W.D. Ehmann, W.R. Markesbery, *Brain Res.* 533:125 (1990); J. Constantinidis, *Encephale* 16:231 (1990); F.M. Corrigan, G.P. Reynolds, N.I. Ward, *Biomaterials* 6:149 (1993); C.O. Hershey *et al.*, *Neurology* 33:1350 (1983)) may be important for the metabolic fate of A β since increased concentrations of zinc promote the peptide's adhesiveness and resistance to proteolytic digestion. Moreover, oral zinc supplementation has recently been shown to have an acutely adverse effect on cognition in AD subjects, but not age-matched controls indicated that environmental or nutritional zinc exposure may be a contributing factor to AD pathophysiology.

[0029] The present findings have indicated that A β strongly and specifically binds zinc in a pH dependent manner. In the brain milieu, these metal ions are present in sufficient concentration to exert these effects on binding and solubility. A decrease in A β solubility occurs in the presence of concentrations of zinc as low as 0.3 μ M. Occupation of the zinc binding site on A β increases the resistance of the peptide to tryptic digestion at the α -secretase site. α -Secretase is an, as yet, unidentified protease which has been observed to cleave the precursor molecule of A β , the Amyloid Protein Precursor (APP) within the A β domain, rendering A β incapable of accumulating. Hence, occupation of the zinc binding site on A β will increase the biological half-life of the peptide and so increase its availability for deposition.

[0030] Hence, pharmacological agents which prevent binding of zinc to its binding sites on A β or which prevent amyloid formation after A β has contacted excess zinc, i.e. greater than 300 nM, could be useful in the treatment of Alzheimer's disease, Down's syndrome, and GALS/PDC by preventing and/or reversing the A β depositions. There currently exists no means for *rapidly* screening candidate anti-amyloidotic agents with therapeutic potential in these diseases. The present invention provides such means and methods for screening such candidate pharmaceutical agents.

[0031] The effects of candidate anti-amyloidotic pharmacological agents upon zinc-induced A β amyloid formation may be rapidly screened by the present

filtration assay. The zinc-induced $A\beta_{1-40}$ aggregation reaction is performed in the presence of the candidate agent, with and without (\pm) $A\beta_{1-40}$, and filtration titrations performed while varying the concentration of the drug, the zinc, and the peptide (whose concentration is brought to physiological levels by the use of 3H - $A\beta$). The assay may also be performed in the presence of human CSF, to bring any anti-amyloidotic effect observed to a closer *in vitro* approximation of the actual physiological situation.

[0032] Stock human and rat $A\beta_{1-40}$ peptide solutions (16 μM) in water were pre-filtered (Spin-X, Costar, 0.2 μ cellulose acetate, 700g), brought to 100 mM NaCl, 20 mM Tris-HCl, pH 7.4 + zinc chloride (0.3 to 25 μM , sampling interval between these concentration limits), \pm candidate anti-amyloidotic agent, incubated (30 minutes, 37°C) and then filtered again (700g, 4 minutes). The fraction of the $A\beta_{1-40}$ in the filtrate was calculated by the ratio of the filtrate OD₂₁₄ relative to the OD₂₁₄ of the unfiltered sample. The response of the OD₂₁₄, titrated against human $A\beta_{1-40}$ concentrations (up to 20 μM in the buffers used in these experiments) has been determined to be linear. The effect of the candidate anti-amyloidotic agent can be compared to the proportion of peptide that is filtered when the incubation is performed in the presence of EDTA (50 μM) instead of zinc.

[0033] Candidate anti-amyloidotic agents will be broad-ranging but can be classified as follows:

[0034] Agents which modify the availability of zinc for interaction with $A\beta$:
They include chelating agents such as desferrioxamine, but also include amino acids histidine and cysteine which bind free zinc, and are thought to be involved in bringing zinc from the plasma across the blood-brain barrier (BBB). These agents include all classes of specific zinc chelating agents, and combinations of non-specific chelating agents capable of chelating zinc such as EDTA (Edetic acid, N,N'-1,2-Ethane diylbis[N-(carboxymethyl)glycine] or (ethylenedinitrilo) tetraacetic acid, entry 3490 in Merck Index 10th edition) and all salts of EDTA, and/or phytic acid [myo-Inositol hexakis(dihydrogen phosphate), entry 7269 in the Merck Index 10th edition] and phytate salts.

- [0035] Solvents: dimethyl sulfoxide has been proposed as a treatment for some forms of systemic amyloidosis; ethanol; glycine (an amino acid which has solvent properties).
- [0036] Copper: In higher concentrations, copper prevents $A\beta_{1-40}$ adhering to glass and stabilizes a soluble $A\beta$ dimer. Its effects on zinc-induced $A\beta$ aggregation may be competitive.
- [0037] Lithium carbonate: Lithium bromide has been used to maintain $A\beta$ synthetic peptides in solution (Halverson *et al.*, *Biochem.* 29:2639-2644 (1990)). This observation invites the speculation that lithium salts, *per se*, may inhibit $A\beta$ aggregation. Lithium carbonate is a neuroleptic medication used in the treatment of bipolar affective disorder, where its systemic therapeutic levels are kept at 1 mM. If lithium carbonate at 1 mM has an inhibitory effect on $A\beta$ aggregation, it would be a reasonable candidate as a therapeutic agent for AD and related pathological conditions.
- [0038] Miscellaneous: Because there is no precedent for an effective anti-amyloidotic pharmaceutical, it is reasonable to serendipitously try out compounds which may have access to the brain compartment for their ability to inhibit zinc-induced $A\beta$ aggregation. These compounds include dye compounds, heparin, heparin sulfate, and anti-oxidants, e.g., ascorbate, trolox and tocopherols.

Definitions

- [0039] $A\beta$ peptide is also known in the art as $A\beta$, β protein, β -A4 and A4.
- [0040] Amyloid as is commonly known in the art, and as is intended in the present specification, is a form of aggregated protein.
- [0041] Similarly, $A\beta$ Amyloid is an aggregated $A\beta$ peptide. It is found in the brains of patients afflicted with AD and DS and may accumulate following head injuries and in GALS/PDC.
- [0042] Tinctorial amyloid is referred to amyloid that in addition to being insoluble in aqueous buffer can be stained with Congo Red, and has positive birefringence in polarized light.

- [0043] Anti-amyloidotic agent refers to a compound that inhibits formation of amyloid.
- [0044] Zinc-induced A β aggregates are, like tinctorial amyloid, insoluble in aqueous buffer and stain with Congo Red. However, unlike tinctorial amyloid, they do not manifest positive birefringence in polarized light.
- [0045] A β amyloidosis, as is commonly known in the art and intended in the present specification, refers to the pathogenic condition in humans and other animals which is characterized by formation of A β amyloid in neural tissue such as brain.
- [0046] Pre-filtering and pre-filtered as used in the present specification means passing a solution, e.g. A β peptide in aqueous solution, through a porous membrane by any method, e.g. centrifugation, drip-through by gravitational force, or by application of any form of pressure, such as gaseous pressure.
- [0047] Physiological solution as used in the present specification means a solution which comprises compounds at physiological pH, about 7.4, which closely represents a bodily or biological fluid, such as CSF, blood, plasma, et cetera.
- [0048] Heavy metal chelating agent refers to any agent, e.g., compound or molecule, which chelates heavy metals, i.e., renders the heavy metal incapable of reacting and/or binding other agents, e.g., compound or molecule. Examples of such heavy metal chelating agents are EDTA or Desferrioxamine.
- [0049] In the present invention, the heavy metal salts are of any heavy metal or any transition metal, in any form, soluble or insoluble.
- [0050] In the present specification, unless otherwise indicated, zinc means salts of zinc, i.e., Zn²⁺ in any form, soluble or insoluble.
- [0051] Biological fluid means fluid obtained from a person or animal which is produced by said person or animal. Examples of biological fluids include but are not limited to cerebrospinal fluid (CSF), blood, serum, and plasma. In the present invention, biological fluid includes whole or any fraction of such fluids derived by purification by any means, e.g., by ultrafiltration or chromatography.

[0052] Neat sample of a biological fluid means that the biological fluid has not been altered, by for example, dilution.

[0053] Control human subject refers to a healthy person who is not afflicted with amyloidosis.

[0054] In the rapid analytical method for detection of A β amyloid, a biological fluid, such as CSF, serum or plasma, of a human patient who is suspected of being afflicted with amyloidosis is titrated in a serial dilution. Similarly, a control sample (biological fluid from a healthy person who is not afflicted with amyloidosis) is titrated by serial dilution. Dilutions may range from a neat (undiluted) sample up to greater than 1:10,000. It is expected that a sample from a person afflicted with amyloidosis would have a lower titre because these patients suffer from a condition which makes them significantly more prone to forming amyloid. Next, an equal amount of A β peptide in aqueous buffer or physiological solution is added to each sample. Then, the samples are contacted with large (greater than 300 nM), preferably 25 μ M, of a heavy metal cation capable of binding to the peptide comprising at least amino acids 6 to 28 of A β peptide. The preferred heavy metal of the present invention is zinc. Hence, the A β peptides will form A β amyloid in the presence of the heavy metal cations. The A β amyloid can then be collected by pelleting them through centrifugation. Finally, the pellets are stained using an Amyloid-staining dye, such as Congo Red, and the pellets are observed under microscope and quantitated (if desired) using a grid. Since, the biological fluid of a patient with amyloidosis (as compared with a healthy person) already has a greater propensity for formation of amyloid, and his/her biological fluid, e.g. CSF, already contains amyloid, therefore, it is expected that the amount of tinctorial A β amyloid in the pellets obtained from an afflicted patient be higher than the healthy control samples.

[0055] Alternatively, after the samples are titrated in serial dilutions, an equal amount of a titrated A β peptide, comprising at least amino acids 6 to 28 of A β , is added to each sample. The samples can be as before centrifuged and the counts per minute determined in each pellet. Preferably, however, the samples are filtered and the CPM of the filters are determined by scintillation counter.

[0056] In the present methods for determining whether a compound inhibits formation of A β amyloid, the amount of soluble or precipitated A β peptide remaining in the reaction after exposure to zinc- or heavy metal-induced is measured and compared with the initial amount of the soluble peptide that was added to the reaction mixture, hence, demonstrating that the candidate reagent is able to inhibit formation of amyloid. Conversely, the amount of A β amyloid formed in the zinc- or heavy metal-induced reaction is measured and compared with the control reaction mixture containing a chelator of heavy metal cations capable of binding to the peptide comprising at least amino acids 6 to 28 of A β , such as EDTA or Desferrioxamine, to determine whether the candidate reagent can inhibit formation of amyloid.

[0057] Further, the reaction mixtures can be filtered in order to measure and compare the amounts of the peptide or the amyloid as described above. Conversely, the reaction mixtures can be centrifuged, the pellet stained, with for example Congo Red, and observed under a microscope to detect formation of amyloid. Moreover, the amount of amyloid formed can be quantified by using a grid.

[0058] In the present invention, the A β peptide may be comprised of any sequence of the A β peptide as long as it contains at least the amino acids corresponding to positions 6 through 28 of A β peptide which comprise the binding site for zinc, the most preferred heavy metal cation capable of binding to a polypeptide comprising at least amino acids 6 to 28 of A β . The preferred embodiments of the invention make use of peptides A β ₁₋₃₉, A β ₁₋₄₀, A β ₁₋₄₁, A β ₁₋₄₂, and A β ₁₋₄₃. The most preferred embodiment of the invention makes use of A β ₁₋₄₀. However, any of the A β peptides which comprises at least amino acids 6 to 28 of A β may be employed according to the present invention. The sequence of A β peptide, including amino acids 6 to 28, is found in C. Hilbich *et al.*, *J. Mol. Biol.* 228:460-473 (1992).

[0059] In the present method, the A β peptide is detected by using optical spectrophotometry. This is possible because a direct correlation exists between concentration of the peptide and OD₂₁₄ measurements. Although the preferred

wave length for the OD measurements is about 214, the measurements may be carried out for the purpose of the present invention at wave lengths from about 190 to about 440. Preferred wave lengths are, however, from about 208 to about 280.

[0060] Further, the A β peptide may be detected by radiolabelling the peptide and measuring the counts per minute (CPM) of the filtrates and/or the pellets. A preferred radiolabelled A β peptide in the present invention is ^3H -A β . Other radiolabels which can be used in the present invention are ^{14}C and ^{35}S .

[0061] Conversely, one can detect the formation of A β amyloid formed in the reaction, using non-specific protein stains, e.g., Coomassie Blue (Bush *et al.*, *J. Biol. Chem.* 269(16):12152-12158 (1994), or antibodies specific for A β amyloid (*see*, e.g. U.S. Patent Number 5,231,000, issued July 27, 1993). Hence, by measuring the level of A β amyloid formation in the reaction according to the present methods, it can be determined whether the candidate agent is effective for inhibiting formation of A β amyloid. The level of A β amyloid may be quantitated by measuring the amount of A β in the soluble or precipitated fraction following centrifugation, or in the filtrate following filtration by ELISA (Suzuki *ref.*) or by Western Blot.

[0062] Other heavy metal cations capable of binding to a polypeptide comprising at least amino acids 6 to 28 of A β which may be used in the practice of the invention include metallochloride salts, preferably of zinc, copper, or mercury. The most preferred embodiment of the invention, however, makes use of zinc chloride.

[0063] The pH of the various reaction mixtures are preferably close to neutral (about 7.4). The pH, therefore, may range from about 6.8 to about 8, preferably from about 7 to about 7.8, and most preferably about 7.4.

[0064] Buffers which can be used in the methods of the present invention include, but are not limited to, Tris-chloride and Tris-base, MOPS, HEPES, bicarbonate, Krebs, and Tyrode's. The concentration of the buffers may be between about 10 mM and about 500 mM. However, considering that these

buffers chelate zinc, the concentration of the buffers should be kept as low as possible without compromising the results.

[0065] The filters used in the present invention have a pore size which allows passage of A β peptides, e.g. from about 0.2 to about 60 microns; preferably from about 0.2 to about 8 microns; and most preferably from about 0.2 to about 0.65 microns. In a preferred embodiment of the invention, a 0.2 micron filter is used. A β peptide monomer has a molecular mass of 4.3 kDa. Hence, filters which can retain particles greater than 4.3 kDa, e.g. 4.4 kDa, may be used to practice the present invention. A β peptide and fragments can form dimers and polymers. Based on the size of the A β peptide used in the present invention, persons of ordinary skill in the art will be able to choose a filter with appropriate pore size so that it allows passage of A β peptides and prevents passage of most or all of the amyloid and A β aggregates induced by heavy metal cations, such as zinc-induced A β aggregate.

[0066] Further, any amyloid-staining dye may be used in the methods of the present invention to facilitate the determination of the deposit of amyloid and A β aggregates induced by heavy metal cations, such as zinc-induced A β aggregate, in solution. Such dyes include but are not limited to congo red, biflavin S and biflavin T. The concentration of such dyes may range from about 0.1% (weight/volume) to about 50% (weight/volume). In fact the upper limit of the dye concentration is limited to solubility limit of the dye in solution.

[0067] The present invention permits use of very low concentrations of A β peptide, e.g. from about 0.1 nM to 3.7 mM, i.e. the limit of solubility. A preferred embodiment of the invention employs about 0.8 μ M concentration of A β peptide, a concentration of the peptide which is the lowest detected by optical density. The lowest concentrations reported previously (J.T. Jarrett *et al.*, *Biochem. 32*:4693-4697 (1993)) were 20 micromolar for A β_{1-40} and 2 micromolar for A β_{1-42} . Therefore, an advantage of the present invention is that very low concentrations of the peptide may be used due to the high sensitivity of the assay of the present invention.

[0068] Similarly, very low concentrations of the heavy metal cation capable of binding to a polypeptide comprising at least amino acids 6 to 28 of A β may be employed, e.g. from about 200 nM and up to the limit of solubility of the heavy metal cation. The most preferred heavy metal cation, zinc, may be used in the present invention at a concentration as low as about 300 nM. The lowest reported concentrations used (P.W. Mantyh *et al.*, *J. Neurochem.* 61:1171 (1993)) was 1 mM, i.e., three orders of magnitude higher than the concentration which may be used in the present invention. One of ordinary skill in the art can easily optimize the concentration of the heavy metal cation with no more than routine experimentation.

[0069] The present invention may be practiced at temperatures ranging from about 1 degree centigrade to about 99 degrees centigrade. The preferred temperature range is from about 4 degrees centigrade to about 40 degrees centigrade. The most preferred temperature for the practice of the present invention is about 37 degrees centigrade, i.e. human body temperature.

[0070] The aggregation of A β peptide occurs at near-instantaneous rate. Hence, results may be obtained by the present methods substantially immediately upon contacting the heavy metal and A β peptide. However, if desired, the reaction may be allowed to proceed longer. In a preferred embodiment of the invention, the reaction is carried out for about 30 minutes.

[0071] The invention may also be carried out in the presence of biological fluids, such as CSF, to closely simulate actual physiological conditions. The biological fluid may be added directly into the reaction mixtures or may be diluted several fold. Dilutions may range from about 1:10,000 to about 1:1 fold. The preferred biological fluid in the present invention, i.e. CSF, may be used directly or diluted from about 1:1,000 to about 1:5 fold.

[0072] The assay of the present invention is ideally suited for the preparation of a kit. Such a kit may comprise a carrier means being compartmentalized to receive in close confinement therein one or more container means, such as vials, tubes, and the like, each of said container means comprising one of the separate elements of the assay to be used in the method. For example, there may be

provided a container means containing standard solutions of the A β peptide or lyophilized A β peptide and a container means containing a standard solution or varying amounts of a heavy metal cation capable of binding to the peptide comprising at least amino acids 6 to 28 of A β peptide, in any form, *i.e.*, in solution or dried, soluble or insoluble, in addition to further carrier means containing varying amounts and/or concentrations of reagents used in the present methods, *e.g.*, standard solutions or varying amounts of chelators of heavy metal cations in any form, in solution or dried. Standard solutions of A β peptide preferably have concentrations above about 10 μ M, more preferably from about 10 to about 25 μ M or if the peptide is provided in its lyophilized form, it is provided in an amount which can be solubilized to said concentrations by adding an aqueous buffer or physiological solution. Standard solutions of heavy metal cations preferably have concentrations above 300 nM, more preferably about 25 μ M. The standard solutions of analytes may be used to prepare control and test reaction mixtures for comparison, according to the methods of the present invention for determining whether a compound inhibits formation of A β amyloid.

[0073] One Zn²⁺ binding site in the APP ectodomain has already been described (Bush *et al.*, *J. Biol. Chem.* 268:16109-16112 (1993)). The possibility of additional zinc binding sites on APP was investigated. The A β ₁₋₄₀ structure possesses 3 histidines and several negatively charged residues, structural features that support Zn²⁺ binding. These studies show that A β binds zinc in a saturable and specific manner. Moreover, it is demonstrated that physiological concentrations of Zn²⁺ increase the resistance of the peptide to proteolytic catabolism and promote A β precipitation by aluminosilicate. Based on these findings, it has been discovered that excessive zinc concentrations accelerate A β deposition in AD and related pathological conditions.

[0074] Further, the effects of physiological concentrations of zinc upon the stability of synthetic human A β ₁₋₄₀ in solution were studied, using the rat/mouse species of the peptide ("rat A β ") for comparison. Soluble A β ₁₋₄₀ is produced by rat neuronal tissue (C. Haass and D.J. Selkoe, personal communication), however, A β amyloid deposition is not a feature of aged rat brains (D.W. Vaughan and A.

Peters, *J. Neuropathol. Exp. Neurol.* 40:472 (1981)). β -amyloidogenesis occurs in other aged mammals possessing the human A β sequence, which is strongly conserved in all reported animal species, except rat and mouse (E.M. Johnstone, M.O. Chaney, F.H. Norris, R. Pascual, S.P. Little, *Mol. Brain Res.* 10:299 (1991)). The rat/mouse A β substitutions (Arg-Gly, Tyr-Phe and His-Arg at positions 5, 10 and 13, respectively [B.D. Shivers *et al.*, *EMBO J.* 7:1365 (1988)]) appear to cause a specific change in the peptide's physicochemical properties sufficient to confer upon the peptide its relative immunity to amyloid formation. Since zinc binding to human A β_{1-40} is histidine-mediated; rat A β therefore may be expected to manifest altered zinc binding properties.

[0075] The binding affinity of zinc to rat A β_{1-40} was studied in a ^{65}Zn competitive assay system as described in Example 1 (FIG. 1), to measure the K_A of zinc binding to human A β_{1-40} . In contrast to human A β_{1-40} , the Scatchard analysis of zinc binding to rat A β_{1-40} reveals only one binding association ($K_A = 3.8 \mu\text{M}$), with 1:1 stoichiometry (FIG. 5).

[0076] It was observed that the recovery of human A β_{1-40} in filtration chromatography is dramatically reduced in the presence of zinc, due, in part, to increased adhesiveness of A β . To determine whether the aggregation of human A β_{1-40} is also enhanced in the presence of zinc, the peptide was incubated with various concentrations for 30 minutes with Zn^{2+} (25 μM) or EDTA and then filtered the solutions through 0.2 μ filters. Zinc caused up to 80% of the available peptide to aggregate into $>0.2 \mu$ particles (FIG. 6a). (Incubation of A β_{1-40} solutions in the filter devices, without actual filtration, indicated that there was no non-specific loss of peptide to the plastic or membrane surfaces.) There appears to be a shallow negative log-linear relationship between human A β peptide concentration and the proportion of filterable peptide in 25 μM Zn^{2+} , but even at the lowest concentration tested (0.8 μM), $>70\%$ of the human A β_{1-40} solution aggregated. In contrast, the effect of Zn^{2+} on rat A β_{1-40} was unremarkable, with no aggregation of a 0.8 μM peptide solution detected under the same conditions, and only 25% aggregation of a 4 μM solution. Meanwhile, in the presence of EDTA, human and rat A β_{1-40} solutions behaved

indistinguishably, with no detectable aggregation observed at 0.8 μM , and $\approx 15\%$ aggregation at higher peptide concentrations.

[0077] Next, the formation of $>0.2 \mu\text{A}\beta$ particles was titrated against increasing zinc concentrations (FIG. 6b), and a shallow response curve for human $\text{A}\beta_{1-40}$ (1.6 μM) was observed until the zinc concentration reached 300 nM, corresponding to the saturation of high-affinity binding. At zinc concentrations above 300 nM, corresponding to low-affinity binding, human $\text{A}\beta_{1-40}$ dramatically aggregates. In contrast, rat $\text{A}\beta_{1-40}$ remains stable in the presence of up to 10 μM zinc, and only at 25 μM zinc was aggregation observed.

[0078] To determine the effects of zinc on $\text{A}\beta_{1-40}$ at physiological peptide concentrations requires an assay more sensitive than spectroscopy. (Human $\text{A}\beta_{1-40}$ at 0.8 μM in buffer 1 corresponds to 0.090 absorbance units at 214 nm. Aggregation studies of peptides at lower starting concentrations would involve readings at the limits of sensitivity). Thus, the effects of zinc on ^{125}I -human $\text{A}\beta_{1-40}$ used as a tracer in the presence of unlabeled peptide was characterized. Unlike its unlabeled precursor, ^{125}I - $\text{A}\beta_{1-40}$ (at 1.6 μM total peptide) remained stable in the presence of increasing zinc concentrations, indicating that ^{125}I - $\text{A}\beta_{1-40}$ is not a suitable tracer (FIG. 6b). The tracer is iodinated on the tyrosine residue at position 10, which is a phenylalanine in the rat peptide. Thus, the tyrosine residue may be critical to the stability of the human peptide. These data may also explain why a recent report required relatively high concentrations of Zn^{2+} (1 mM) to precipitate ^{125}I -human $\text{A}\beta_{1-40}$ in centrifugation studies (P.W. Mantyh *et al.*, *J. Neurochem.* 61:1171 (1993)). Extrapolating the curve in FIG. 6a to 0.6 nM currently provides the best estimate of the effect of zinc upon physiological $\text{A}\beta$ concentrations (M. Shoji *et al.*, *Science* 258:126 (1992); P. Seubert *et al.*, *Nature* 359:325 (1992)), and indicates that 25% of the peptide would aggregate into $>0.2 \mu$ particles under these conditions. The specific vulnerability of human $\text{A}\beta_{1-40}$ for Zn^{2+} is indicated by the observation that Zn^{2+} is the only one of several metal ions tested on an equimolar basis, including Al^{3+} , to induce significant aggregation of human $\text{A}\beta_{1-40}$ in this system (FIG. 6c).

[0079] Next, the kinetics of the assembly of zinc-induced human $A\beta_{1-40}$ aggregates (FIG. 6d) was investigated. (In order to achieve time point measurements of less than 1 minute, the procedure was modified so that samples were centrifuged at 2500g, allowing the sample volume to be completely filtered in 40 seconds.) The data obtained indicate that following the addition of stock $A\beta_{1-40}$ in water (15.9 μ M, pH 5.6) to Zn^{2+} (25 μ M) in saline buffer (pH 7.4) there is a near-instantaneous aggregation of the peptide (1.6 μ M final concentration) into filterable particles with two phases observed over two hours. The initial phase is rapid, with a half-maximal assembly rate of ≈ 0.4 μ M/min. The steady state of the second phase is achieved within about 2 minutes, whereupon particle assembly proceeds at a rate of 3.2 nM/min with no evidence of saturation within 2 hours. At this rate, the available peptide is exhausted within five hours of initiation. Although the addition of EDTA buffer caused the near-instantaneous aggregation of 20% of the 1.6 μ M $A\beta_{1-40}$ solution into >0.2 μ particles, no further particle assembly was observed over the time course of the experiment. In comparison, human $A\beta_{1-40}$ (20 μ M in PBS, pH 7.4) has been reported to be stable for 10 days (J.T. Jarrett, E.P. Berger, P.T. Lansbury, *Biochemistry* 32:4693 (1993)), and seeding the solution with $A\beta_{1-42}$ (2 μ M), the more amyloidogenic $A\beta$ species, induced aggregation of this solution which was half-maximal only after 4-5 days. Thus, the results presented here represent a major advance among attempts to induce amyloid formation *in vitro* using the wild-type form of the main species of secreted $A\beta$ ($A\beta_{1-40}$).

[0080] To estimate the size of the $A\beta$ aggregates formed in the presence of zinc, $A\beta_{1-40}$ (1.6 μ M) was incubated with Zn^{2+} (25 μ M) or EDTA and then passed through filters with various pore sizes (FIGS. 7a and 7b). Following incubation in EDTA, human $A\beta_{1-40}$ assembled into populations of heterogeneous particle sizes, $>0.1\mu$: 47%, $>0.22\mu$: 40%, $>0.65\mu$: 32%. The comparable proportions of filtered rat $A\beta_{1-40}$ particles were, $>0.1\mu$: 36%, $>0.22\mu$: 27%, $>0.65\mu$: 25%. Upon incubation with Zn^{2+} (25 μ M), the proportion of $>0.65\mu$ rat peptide particles increased only slightly, however the proportion of $>0.65\mu$ human peptide particles dramatically increased, recruiting 82% of the available peptide.

Interestingly, the proportions of $>0.1\mu$ and $>0.22\mu$ particles formed from the human $A\beta_{1-40}$ also increased by 50 and 55%, respectively, following incubation with Zn^{2+} , however, the same reaction induced only a 20% and 30% increase, respectively, in the amounts of these particles assembled from rat peptide. Remarkably, only 4% of the human $A\beta_{1-40}$ incubated with Zn^{2+} remained in solution following 0.1 μ filtration. Collectively, these data indicate that the human species of $A\beta_{1-40}$ differs from the rat species both in the extent and size of zinc-induced particle formation.

[0081] The stoichiometry of zinc:human $A\beta$ in these aggregates is at least 1:1 (FIG. 7c), but increases to 1.3:1 with the smaller (0.1 μ) pore size filters. Because the stoichiometries for high- and low- affinity $Zn:A\beta$ binding are $\approx 1:1$ and $\approx 2:1$ respectively, these data indicate that formation of $>0.65\mu$ $A\beta$ aggregates is mediated by high-affinity zinc interaction, whereas low-affinity zinc interaction most likely contributes to the formation of smaller ($<0.22\mu$) aggregates. Interestingly, when the retained aggregates are washed with EDTA, only 22% of the peptide is recovered from >0.65 aggregates, although the complexed zinc (using ^{65}Zn as tracer) is completely recovered (FIG. 7d). This indicates that zinc-induced $A\beta$ aggregation is largely irreversible by chelation. The amount of $\leq 0.22\mu$ peptide resolubilized by EDTA treatment is 7% greater, which may reflect the increased contribution of low-affinity zinc binding to the smaller, chelation-reversible, $A\beta$ particle formation.

[0082] Sedimentation of zinc-induced $A\beta$ particles by centrifugation resulted in an abundant precipitate of human $A\beta_{1-40}$ which stained with Congo Red (FIG. 8a) and manifested green birefringence under polarized light (FIG. 8b), meeting the criteria for tinctorial amyloid formation. However, following incubation with Zn^{2+} under the same conditions, the rat peptide formed significantly fewer and smaller particles, with minimal birefringence. No rat $A\beta$ amyloid was induced by Zn^{2+} concentrations of less than 10 μM , whereas, by tinctorial criteria, human $A\beta$ amyloid was induced by Zn^{2+} concentrations as low as 3 μM . In neither case was Congo Red-stained material detected following incubation with EDTA-containing buffer.

[0083] Taken together, these data indicate that soluble human $A\beta_{1-40}$ has a dramatically greater propensity than rat $A\beta_{1-40}$ to form amyloid in the presence of physiological zinc concentrations. The tinctorial amyloid aggregates are frequently as large as the amorphous amyloid plaque cores purified from AD brain tissue (C.L. Masters *et al.*, *Proc. Natl. Acad. Sci. USA* 82:4245 (1985)). Meanwhile, the small degree (10-20%) of $>0.2 \mu A\beta_{1-40}$ particle assembly observed following the incubation of $A\beta_{1-40}$ with EDTA probably reflects the relatively slow aggregation which occurs in the presence of neutral pH (S. Tomski and R.M. Murphy, *Arch. Biochem. Biophys.* 294:630 (1992)) and NaCl (C. Hilbich, B. Kisters-Woike, J. Reed, C.L. Masters, K. Beyreuther, *J. Mol. Biol.* 218:149 (1991)). Hence, the specific vulnerability of human $A\beta$ to zinc-induced amyloid formation is a promising explanation for aspects of the pathology of AD and related pathological conditions.

[0084] The cerebral cortex, and especially the hippocampus, contains the highest concentrations of zinc in the body (C.J. Frederickson, M.A. Klitenick, W.I. Manton, J.B. Kirkpatrick, *Brain Res.* 273:335 (1983)), and is exposed to extreme fluctuations of extracellular zinc levels (0.15 to 300 μM , C.J. Frederickson, *Int. Rev. Neurobiol.* 31:145 (1989)), e.g. during synaptic transmission (S.Y. Assaf and S.-H. Chung, *Nature* 308:734 (1984); G.A. Howell, M.G. Welch, C.J. Frederickson, *Nature* 308:736 (1984)). The cortical vasculature contains an intraluminal zinc concentration of 20 μM (I.J.T. Davies, M. Musa, T.L. Dormandy, *J. Clin. Pathol.* 21:359 (1968)), but the perivascular interstitial zinc concentration is 0.15 μM (C.J. Frederickson, *Int. Rev. Neurobiol.* 31:145 (1989)). Both sites of high zinc concentration gradients are severely and consistently affected by the pathological lesions of AD (B.T. Hyman, G.W. Van Hoesen, L.J. Kroner, A.R. Damasio, *Ann. Neurol.* 20:472 (1986); G.G. Glenner and C.W. Wong, *Biochem. Biophys. Res. Commun.* 120:885 (1984)). Interestingly, a prominent neurochemical deficit in AD is cholinergic deafferentation of the hippocampus, which raises the concentration of zinc in this region (G.R. Stewart, C.J. Frederickson, G.A. Howell, F.H. Gage, *Brain Res.* 290:43 (1984)). Additional evidence for altered cerebral zinc metabolism in AD include decreased

temporal lobe zinc levels (D. Wenstrup, W.D. Ehmann, W.R. Markesbery, *Brain Res.* 533:125 (1990); J. Constantinidis, *Encephale* 16:231 (1990); F.M. Corrigan, G.P. Reynolds, N.I. Ward, *Biometals* 6:149 (1993)), elevated (80%) CSF levels (C.O. Hershey *et al.*, *Neurology* 33:1350 (1983)), an increase in extracellular Zn²⁺-metalloproteinase activities in AD hippocampus (J.R. Backstrom, C.A. Miller, Z.A. Tökés, *J. Neurochem.* 58:983 (1992)), and decreased levels of astrocytic growth-inhibitory factor, a metallothionein-like protein which chelates zinc (Y. Uchida, K. Takio, K. Titani, Y. Ihara, M. Tomonaga, *Neuron* 7:337 (1991)). Recently, a clinical study assayed the effects of oral zinc supplementation (6.7-fold the recommended daily allowance, a dose commonly found in nutritional supplements) upon cognition and plasma APP levels in AD subjects and age-matched controls. Five sequentially-studied AD subjects each experienced an acute decline in cognition within forty-eight hours of ingesting the zinc dose. Under the same conditions, age-matched control subjects remained unaffected by the dose. Among the abnormal changes of neuropsychological measurements taken of the AD group was a 31% drop in Mini-Mental State Examination (M.F. Folstein, S.E. Folstein, P.R. McHugh, *J. Psychiatr. Res.* 12:189 (1975)) scores, after four days of zinc supplementation. This represented a deterioration which, in the ordinary course of the disease, would only be expected after two to four years (Galasko *et al.*, *JAGS* 39:932 (1991)). Plasma APP levels also rose significantly in response to zinc in both the AD and the control groups. All changes were rapidly reversible following cessation of the four day supplementation. Collectively, these reports indicate that there may be an abnormality in the uptake or distribution of zinc in the AD brain. Pervasive abnormalities of zinc metabolism, and premature AD pathology, are also common clinical complications of Down's syndrome (C. Franceschi *et al.*, *J. Ment. Defic. Res.* 32:169 (1988); B. Rumble *et al.*, *N. Engl. J. Med.* 320:1446 (1989)).

[0085] The data presented here indicate that stability in the presence of physiological concentrations of zinc clearly differentiates the propensity of human and rat A β ₁₋₄₀ peptide species to form amyloid. The rapid induction of

tinctorial human A β amyloid, under physiologically relevant conditions, at peptide concentrations more than an order of magnitude lower than the lowest levels achieved previously for A β_{1-40} aggregation (in order to achieve time point measurements of less than 1 minute, the procedure was modified so that samples were centrifuged at 2500g, allowing the sample volume to be completely filtered in 40 seconds), and within two minutes of incubation, establishes a novel assay system for the study of A β amyloidosis. More importantly, these findings can have profound implications for the potential role of zinc in Alzheimer-associated neuropathogenesis.

- [0086] The following examples are provided by way of illustration to further describe certain preferred embodiments of the invention, and are not intended to be limiting of the present invention, unless specified.

EXAMPLES

Experimental Procedures

- [0087] Unless otherwise indicated, the following experimental procedures, materials, and reagents were used in the present invention:
- [0088] Reagents--Precautions taken to avoid zinc contamination included using analytical-grade reagents, electrophoresis-grade Tris-HCl (Bio-Rad), and highly deionized water. A β_{1-17} was synthesized by the Biopolymers Laboratory, MIT. A β_{40-1} (reverse peptide) was purchased from Bachem (Torrance, CA). Other reagents were from Sigma. A β_{1-40} and A β_{1-28} results were replicated with peptides from Bachem and Sigma. A β_{1-40} results were also replicable with peptide synthesized by W. M. Keck Foundation Biotechnology Resource Laboratory, Yale University. ^{65}Zn was purchased from Amersham Corp.
- [0089] $^{65}\text{Zn}^{2+}$ Binding Studies--Dissolved peptides (1.2 nMol, unless otherwise stated) were dot-blotted onto 0.2- μm polyvinylidene difluoride membrane (Pierce Chemical Co.), washed twice with chelating buffer (200 μl x 100 mM NaCl, 20 mM Tris-HCl, 1 mM EDTA, pH 7.4), then five times with blocking buffer (200

$\mu\text{l} \times 100 \text{ mM NaCl}$, 20 mM Tris-HCl , 1 mM MnCl_2 , pH 7.4), and then incubated (60 min, 20°C) with ^{65}Zn (unless otherwise stated $130,000 \text{ cpm}$, $74 \text{ mM } ^{65}\text{ZnCl}_2$ in $200 \mu\text{l}$ of blocking buffer \pm competing metal ion chloride). The dot-blot was then washed with blocking buffer ($5 \times 200 \mu\text{l}$), the dot excised, placed in a test tube, and assayed by γ -counting (11% efficiency). The equilibration volume for stoichiometry estimates was regarded as $6 \times 200 \mu\text{l}$. The 214 nm UV absorbance of the unbound flow-through was assayed to determine the total amount of peptide remaining bound onto the membrane. Peptide stock concentrations were confirmed by amino acid analysis. To alter the pH, the ^{65}Zn incubation was carried out in the presence of 100 mM buffer: MOPS (pH 6.5-7.0), MES (pH 5.0-6.0), acetate (pH 3.5-4.5). The dot-blot apparatus was washed with detergent and EDTA (50 mM) then rinsed and siliconized between use.

[0090] $\text{A}\beta$ Chromatography-- $\text{A}\beta$ ($55 \mu\text{g}$) was incubated with metal salt solution or EDTA in siliconized 1.5-ml plastic reaction vessels in 100 mM NaCl , 20 mM Tris-HCl , pH 7.4 ("TBS," $100 \mu\text{l}$, 1 h , 37°C). $\text{A}\beta$ was stored in aliquots of 0.52 mg/ml in water at -20°C , then kept at 4°C when thawed. Reagents were mixed without vortex mixing. The incubated $\text{A}\beta$ was directly applied to a G50 SF (Pharmacia, Uppsala, Sweden) column (Bio-Rad Econo-Column, $30 \times 0.7 \text{ cm}$) pre-equilibrated with metal salt solution or EDTA ($50 \mu\text{M}$) in TBS at 20°C and eluted at 8 ml/h (Wiz peristaltic pump, Isco, Lincoln, NE). Absorbance was measured at 254 and 214 nm (Type 6 optical unit, Isco). The amount of $\text{A}\beta$ eluting at various peaks was estimated from the area under the curve. This was possible because the relationship of UV absorbance was determined to be linear over the range of $\text{A}\beta$ dilutions used in these studies, indicating that absorbance is proportional to the amount of peptide present despite polymerization state (see below). The maximum recovery of $\text{A}\beta$ occurs in the presence of EDTA. Because the sample eluted in a volume of approximately 15 ml , the average concentration of the peptide on the column was $0.8 \mu\text{M}$.

[0091] To study the effects of protein blocking upon adsorption of $\text{A}\beta$ to the chromatography column, a Sephadex G50 SF column which had been characterized previously for $\text{A}\beta$ behavior was eluted with 3% bovine serum

albumin (BSA) in TBS (50 ml) and equilibrated with non-BSA-containing buffer, subsequent to repeating the A β experiments.

[0092] Spectroscopic Assay--Measurements were performed on a Hewlett-Packard 8452A diode array spectrophotometer using a 1-cm path length quartz cuvette. Concentration *versus* absorbance curves were performed at 214 nm, 254 nm, 280 nm, and full spectrum. 214 nm readings were 50-fold more sensitive in detecting the peptide than 254 nm readings, whereas the 280 nm readings of low micromolar A β solutions were below sensitivity limits and hence could not be used in these studies. The standard curves generated were linear at concentrations below 0.1 mg/ml. In addition, the effects of Cu²⁺, Zn²⁺, EDTA, and TBS upon absorbance were examined. At concentrations below 0.1 mg/ml, adjusting the peptide in water to TBS caused \approx 15% quenching. Cu²⁺-, Zn²⁺-, and EDTA-containing A β solutions were studied for artifactual absorbance over the linear range of the 214 nm absorbance curve. 1 mM EDTA caused 60% quenching, hence 50 μ M EDTA was employed, contributing a similar degree of quenching to that observed with Cu²⁺ and Zn²⁺.

[0093] A β Binding to Kaolin (Aluminum Silicate)--Kaolin suspension was prepared in high performance liquid chromatography water (Fisher), defined, and adjusted to 50% (v/v). A β (40 μ g) was incubated in siliconized reaction vessels with either kaolin or Sephadex G50 SF (10 μ l x 50% (v/v)) in Cu²⁺, Zn²⁺, or EDTA (100 μ l in TBS, 5 min, room temperature). The suspension was then pelleted (1500 x g, 3 min) and the supernatant removed and diluted 20-fold with water to bring the UV absorbance readings into the linear range. Samples were assayed at 214 nm before and after incubation with kaolin or Sephadex.

[0094] Tryptic Digestion of A β -A β_{1-40} (13.9 μ g) was incubated with Zn²⁺ (12 μ l in blocking buffer, 1 h, 37°C) and then digested with trypsin (12 ng, 3 h, 37°C). The reaction was stopped by adding SDS sample buffer containing phenylmethylsulfonyl fluoride (1 mM), boiling the samples (5 min), and applying the samples to Tris/Tricine gel electrophoresis and transfer. The blot was washed with EDTA, Coomassie-stained, incubated with ⁶⁵Zn²⁺, individual bands were excised, assayed for ⁶⁵Zn²⁺ binding, and N-terminal sequenced to confirm the

identity of the digestion products. The effects of Zn^{2+} (up to 100 μM in TBS) on the activity of trypsin, itself, were assayed by assay of Z-Arg-amido-4-methylcoumarin (Sigma) fluorescent cleavage product and determined to be negligible. It was found that 200 μM Zn^{2+} , however, inhibited tryptic activity by 12%.

EXAMPLE 1

Analyses of $^{65}\text{Zn}^{2+}$ binding to A β

[0095] Aliquots of A β were incubated (60 min) with $^{65}\text{Zn}^{2+}$ in the presence of varying concentrations of unlabeled Zn^{2+} (0.01-50 μM total). The proportion of $^{65}\text{Zn}^{2+}$ binding to immobilized peptide (1.0 nmol) described two binding curves as shown in FIG. 1a (Scatchard plot). Values shown are means \pm S.D., $n \geq 3$. The high-affinity binding curve has been corrected by subtracting the low-affinity component, and the low-affinity curve has had the high-affinity component subtracted. (FIG. 1b) depicts specificity of the Zn^{2+} binding site for various metals. A β was incubated (60 min) with $^{65}\text{Zn}^{2+}$ (157 nM, 138,000 cpm) and competing unlabeled metal ions (50 μM total). (FIG. 1c) depicts $^{65}\text{Zn}^{2+}$ (74 nM, 104,000 cpm) binding to negative (aprotinin, insulin α -chain, reverse peptide 40-1) and positive (bovine serum albumin (BSA)) control proteins and A β fragments (identified by their residue numbers within the A β sequence, *gln11* refers to A β_{1-28} where residue 11 is glutamine). Percent binding of total counts $^{65}\text{Zn}^{2+}$ /min added is corrected for the amounts (in nanomoles) of peptides adhering to the membrane. (FIG. 1d) depicts as for 1a, with A β_{1-28} peptide substituting for A β_{1-40} . 157 nM ^{65}Zn (138,000 cpm) is used in this experiment to probe immobilized peptide (1.6 nmol). (FIG. 1e) depicts pH dependence of $^{65}\text{Zn}^{2+}$ binding to A β_{1-40} .

EXAMPLE 2

Effect of Zn^{2+} and other metals on $\text{A}\beta$ polymerization using G50 gel filtration chromatography

[0096] Results shown are indicative of $n \geq 3$ experiments where 55 μg of $\text{A}\beta$ is applied to the column and eluted in 15 ml, monitored by 254 nm absorbance. (FIG. 2a) depicts chromatogram of $\text{A}\beta$ in the presence of EDTA, 50 μM , Zn^{2+} , 0.4 μM ; Zn^{2+} , 25 μM ; and Cu^{2+} , 25 μM . The elution points of molecular mass standards and relative assignments of $\text{A}\beta$ peak elutions are indicated. Mass standards were blue dextran (2×10^6 kDa, V_0 = void volume), BSA (66 kDa), carbonic anhydrase (29 kDa), cytochrome *c* (12.4 kDa), and aprotinin (6.5 kDa). The mass of $\text{A}\beta$ is 4.3 kDa. (FIG. 2b) depicts relative amounts (estimated from areas under the curve) of soluble $\text{A}\beta$ eluted as monomer, dimer, or polymer in the presence of various metal ions (25 μM), varying concentrations of Zn^{2+} or Cu^{2+} (the likelihood of Tris chelation is indicated by upper limit estimates), and EDTA. Data for experiments performed in the presence of copper were taken from 214 nm readings and corrected for comparison. (FIG. 2c) depicts effects of pre-blocking the chromatography column with BSA upon the recovery of $\text{A}\beta$ species in the presence of zinc (25 μM), copper (25 μM), or chelator.

EXAMPLE 3

$\text{A}\beta$ binding to kaolin (aluminum silicate): effects of zinc (25 μM), copper (25 μM), and EDTA (50 μM)

[0097] (FIG. 3a) depicts concentration (by 214 nm absorbance) of $\text{A}\beta$ remaining in supernatant after incubation with 10 mg of G50 Sephadex. (FIG. 3b) depicts concentration (by 214 nm absorbance) of $\text{A}\beta$ remaining in supernatant after incubation with 10 mg of kaolin, expressed as percent of the starting absorbance.

EXAMPLE 4

Effect of Zn^{2+} upon $A\beta$ resistance to tryptic digestion

[0098] (FIG. 4a) depicts a blot of tryptic digests of $A\beta$ (13.9 μg) after incubation with increasing concentrations of zinc (lane labels, in micromolar), stained by Coomassie Blue. Digestion products of 3.6 kDa ($A\beta_{6-40}$), and 2.1 kDa ($A\beta_{17-40}$), as well as undigested $A\beta_{1-40}$ (4.3 kDa), are indicated on the *left*. The migration of the low molecular size markers (*STD*) are indicated (in kilodaltons) on the *right*. (FIG. 4b) depicts $^{65}Zn^{2+}$ binding to $A\beta$ tryptic digestion products. The blot in 4a was incubated with $^{65}Zn^{2+}$, the visible bands excised, and the bound counts for each band determined. These data are typical of $n = 3$ replicated experiments.

[0099] To determine whether $A\beta$ binds zinc, a synthetic peptide representing secreted $A\beta_{1-40}$ was incubated with $^{65}Zn^{2+}$. Rapid binding (60% B_{max} at 1 min), which plateaued at 1 h, was observed. Scatchard analysis of $^{65}Zn^{2+}$ binding describes two saturable binding curves, a high affinity curve ($K_d < 107$ nM), and a lower affinity curve ($K_d < 5.2$ μM) (FIG. 1a). The affinity constant estimates might be skewed by assuming that the Tris buffer does not bind zinc. In fact, Tris-HCl binds zinc and copper with stability constants of 4.0 and 2.6, respectively (Dawson *et al.*, *Data for Biochemical Research*, Oxford University Press (1986)). Incubating $A\beta$ in the presence of higher concentrations of Tris (150 and 500 mM) abolishes $^{65}Zn^{2+}$ binding to $A\beta$ ($\approx 50\%$ and $\approx 95\%$, respectively), indicating that Tris-induced Zn^{2+} chelation cannot be excluded. Our calculated affinity constants are therefore upper limit estimates.

[0100] $^{65}Zn^{2+}$ binding is very specific, with Zn^{2+} being the only unlabeled metal ion tested that is capable of competing off the label (FIG. 1b). To determine the specific region of $A\beta$ involved in zinc binding and to validate the dot-blot binding system, equivalent amounts of various peptides representing fragments of $A\beta_{1-40}$ and peptide controls were assayed for $^{65}Zn^{2+}$ binding in this system (FIGS. 1c and 1d).

[0101] The reverse sequence (40-1) control peptide only binds 50% of B_{max} compared with $A\beta_{1-40}$ (FIG. 1c), indicating that zinc binding is not merely a

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consequence of the presence of favorable residues. $A\beta_{1-28}$ bound 30% of B_{\max} , indicating that the carboxyl terminus plays an important role in promoting zinc binding. Glutamine substitution for the glutamate at position 11 of $A\beta_{1-28}$, in accordance with the Down's syndrome $A\beta$ sequence reported by Glenner and Wong, *Biochem. Biophys. Res. Commun.* 120:885-890 (1984), does not interfere with $^{65}\text{Zn}^{2+}$ binding. The Scatchard plot of $^{65}\text{Zn}^{2+}$ binding to $A\beta_{1-28}$ reveals similar lower affinity ($K_d < 15 \mu\text{M}$) and higher affinity ($K_d < 334 \text{ nM}$) binding associations (FIG. 1d) to those of $A\beta_{1-40}$, but overall the $A\beta_{1-28}$ peptide binds zinc less avidly. Although the $A\beta_{1-28}$ peptide clearly binds zinc, peptides overlapping this region (1-17 and 12-28) do not individually bind zinc. Additionally, a peptide covering a region of the carboxyl terminus (25-35) also is unable to bind zinc (FIG. 1c).

[0102] The calculated stoichiometry of high-affinity Zn^{2+} -binding to $A\beta$, derived from the x-intercepts on the Scatchard plots (FIGS. 1a and 1d), is 0.7:1 ($A\beta_{1-40}$) and 1:4 ($A\beta_{1-28}$). For low-affinity binding, the Zn^{2+} : $A\beta$ ratio is 2.5:1 ($A\beta_{1-40}$) and 4:1 ($A\beta_{1-28}$).

[0103] $^{65}\text{Zn}^{2+}$ binding of sequenced tryptic digest products of $A\beta$ (FIG. 4b) indicates that the 6-40 fragment binds zinc, but that the other visible digest fragment 17-40 (FIG. 4b), representing the post-secretase (Esch *et al.*, *Science* 248:1122-1124 (1990); Sisodia *et al.*, *Science* 248:492-495 (1990)) carboxyl-terminal product, does not bind zinc. The contribution of histidines (residues 6, 13, and 14) to Zn^{2+} binding is indicated by the deterioration of binding with lower pH (30% of B_{\max} at pH 6.0, FIG. 1e). Taken together, these data indicate that zinc coordination requires the contiguous sequence between residues 6 and 28, a region containing all 3 histidine residues, but optimal zinc binding also requires the presence of the carboxyl-terminal domain.

[0104] Next, it was tested whether zinc binding could affect $A\beta$ conformation as assayed by migration upon gel-filtration chromatography. Major $A\beta$ species believed to correspond to monomeric, dimeric, and polymeric forms were observed (FIG. 2a). Total concentrations of Zn^{2+} as low as $0.4 \mu\text{M}$ decrease recoverable $A\beta$ eluting from the column when compared with the elution profile

obtained in the presence of EDTA and other metals (FIGS. 2a and 2b). At 25 μM total Zn^{2+} , <20% of the $\text{A}\beta$ elutes. This deficit mainly affects the high order polymer and dimeric species which apparently do not enter the gel. Meanwhile, the relative amount of monomeric $\text{A}\beta$ is preserved. A systematic assessment of several metals indicates that the reduction of $\text{A}\beta$ recoverable by chromatography is most sensitive to Zn^{2+} , with related transition metals Co^{2+} , Ni^{2+} , and Fe^{2+} (at 25 μM) displaying similar effects on chromatography to those obtained with only 10 μM Zn^{2+} (FIG. 2b). Other transition metals, heavy metals, and Al^{3+} (25 μM) have partial effects on $\text{A}\beta$ solubility comparable with 3 μM total Zn^{2+} . Meanwhile, Ba^{2+} , Ag^{2+} , Mg^{2+} , and Ca^{2+} (25 μM) have the least effect on $\text{A}\beta$ compared with the EDTA profile, although 40% less total peptide appears to elute. Pb^{2+} (25 μM) most strongly promotes the elution of the monomeric peptide, abolishing high order polymers; overall recovery is similar to that obtained with 0.4 μM total Zn^{2+} . In making comparisons of the effects of these metal ions, it is again important to consider the differential metal ion chelating effects of Tris mentioned earlier.

[0105] A dramatic increase in $\text{A}\beta$ dimerization is observed with Cu^{2+} (25 μM total). This metal also induces exaggerated $\text{A}\beta$ absorbance (4-fold) at 254 nm when compared with 214 nm absorbance and induces the monomeric species to apparently fluoresce at 254 nm causing negative readings (FIG. 2a) which are proportionally positive at 214 nm (FIG. 2b). A higher concentration of Cu^{2+} (80 μM total) promotes increased recovery of $\text{A}\beta$, indicating that the presence of Cu^{2+} favors solubility in this system.

[0106] The metal ions which most favored $\text{A}\beta$ solubility (Mg^{2+} , 25 μM and total Cu^{2+} , 25 μM) were tested for their ability to stabilize $\text{A}\beta$ in a soluble state in the presence of 25 μM total Zn^{2+} . These combinations neither rescue nor worsen Zn^{2+} -induced loss of $\text{A}\beta$ recovery (FIG. 2b). Overall, these data suggest that Zn^{2+} binding reduces the recovery of $\text{A}\beta$, whereas a chelating agent attenuates this effect.

[0107] To determine whether the zinc-induced loss of $\text{A}\beta$ during chromatography occurs because of $\text{A}\beta$ precipitation onto a surface of the apparatus, it was

attempted to block the effect. Pretreating the column with 3% BSA as an adsorption blocker significantly increases the amounts of A β recovered from the column, indicating that the peptide precipitates onto a column component (FIG. 2c). Blocking the column results in a 200% increase in the recovery of A β in the presence of Zn²⁺ (25 μ M total), a 75% increase in recovery in the presence of Cu²⁺ (25 μ M total), but only a 10% increase in the presence of EDTA (50 μ M). This confirms that precipitation onto the column is most specifically accelerated by zinc.

[0108] To determine the part of the column onto which A β was precipitating, A β solutions were incubated with various column components and assayed A β concentrations by UV absorption before and after the incubation. Replicating the chromatography experimental conditions, A β (100 μ M in equilibration buffer) was incubated for 1 h in plastic reaction vessels with or without the presence of Sephadex. Loss to the plastic accounts for <5% of the observed precipitation, to silicized plastic <1%, and binding to Sephadex <1%. Hence, A β precipitates are unlikely to be adsorbing to the Sephadex or plastic support. However, similar incubations in borosilicate glass test tubes result in 20% adsorption, which increase to 35% in the presence of zinc (25 μ M).

[0109] The glass in the Bio-Rad Econo Columns is made of 7740 Pyrex (Corning, Park Ridge, IL) and is composed of SiO₂, 80.6%; B₂O₃, 13.0%; Na₂O, 4.0%; and Al₂O₃, 2.3%. Because of reports associating aluminosilicates with β -amyloid deposition (Masters *et al.*, *EMBO J.* 4:2757-2763 (1985a); Candy *et al.*, *Lancet* 1:354-357 (1986)), experiments were carried out to test whether A β binds to aluminum silicate. Rapid and extensive binding of A β to kaolin, an insoluble hydrated aluminum silicate was observed. Moreover, incubation of A β (0.4 mg/ml) with Sephadex (5%, v/v) in the presence of zinc, copper, or EDTA causes only small changes in solubility which may be attributed to binding to the plastic in the reaction vessels (FIG. 3a). Incubation of A β (0.4 mg/ml) with kaolin (5%, v/v, 5 min, room temperature), causes precipitation of up to 87% of the peptide present. This precipitation is greatest in the presence of zinc (25 μ M) where the amount of A β recovered from the zinc incubation supernatant is nearly half of the

amount recovered from the EDTA incubation supernatant (FIG. 3b). The effect of copper (25 μM) upon kaolin-induced A β precipitation is similar to the effect of EDTA (FIG. 3b). The binding of A β to kaolin is not reversible to subsequent treatment with 10 mM EDTA, but can be eluted by 2 M NaOH.

[0110] To further test whether zinc induces irreversible precipitation of A β in the absence of kaolin, A β incubated with Zn^{2+} (200 μM , 1-24 h, 20°C) was subjected to SDS Tris/Tricine gel electrophoresis. The monomeric species was the major band detected on Coomassie-stained gels and migrated identically to unincubated A β , indicating that zinc does not induce covalent or SDS-resistant polymerization of A β .

[0111] Since the APP secretase site at Lys-16 (Esch *et al.*, *Science* 248:1122-1124 (1990); Sisodia *et al.*, *Science* 248:492-495 (1990)) in A β is within the obligatory zinc binding region, the ability of Zn^{2+} to protect A β from secretase-type cleavage by trypsin, a serine-protease whose activity was found to be unaffected by zinc, was next tested. Amino-terminal sequence on A β tryptic digestion products transferred to polyvinylidene difluoride membrane following SDS-polyacrylamide gel electrophoresis indicated two detectable fragments corresponding to residues 6-40 and 17-40 (FIG. 4a). The predicted tryptic cleavage product representing residues 29-40 did not appear on the blot and may not be retained by the polyvinylidene difluoride membrane during transfer and treatment. Digestion is inhibited by the presence of increasing concentrations of Zn^{2+} . At 200 μM , Zn^{2+} causes complete inhibition of A β hydrolysis; however, at this zinc level, tryptic activity is also slightly inhibited. Probing the blot with $^{65}\text{Zn}^{2+}$ confirmed the zinc binding identity of the peptide fragments and facilitated quantification of the hydrolysis of the zinc binding site (FIG. 4b). The rate of digestion of A β_{1-40} and the A β_{6-40} fragment is inhibited by the presence of zinc, whereas the digestion of the A β_{17-40} fragment is not inhibited by increasing zinc concentrations. Hence, only the peptides possessing the intact zinc binding domain of A β (residues 6-28), and therefore capable of binding Zn^{2+} (FIG. 4b), have their rates of digestion inhibited by zinc in this experiment. These data

indicate that secretase-type cleavage of A β can be inhibited by Zn²⁺ binding to the A β substrate.

[0112] The above data indicate that soluble A β_{1-40} possesses high and low affinity zinc binding affinities. The zinc binding site on A β maps to residues 6-28, with possibly conformational- and histidine-dependent properties. The affinity constants for zinc binding indicate that both binding associations are within physiological zinc concentrations, but that occupancy of the low affinity binding site may be associated with accelerated precipitation of A β by aluminum silicate (kaolin). Occupancy of the high affinity site appears to have little effect on A β precipitation and is very highly specific, although the data cannot exclude the possibility of specific binding sites for alternative metals elsewhere on A β . Copper's strong conformational interaction (dimerization and fluorescence) with A β indicates that it may also directly interact with the peptide and may have a role in preventing A β precipitation onto aluminum silicate.

[0113] Extracellular zinc may play a role in the physiology of APP function by modifying its adhesiveness to extracellular matrix elements (Bush *et al.*, *J. Biol. Chem.* 268:16109-16112 (1993)). This is important because APP may play a role in cell adhesiveness (Shivers *et al.*, *EMBO J.* 7:1365-1370 (1988)) and neurite outgrowth (Milward *et al.*, *Neuron* 9:129-137 (1992)). The physiological function of the A β -zinc interaction remains unclear, however, increased resistance of A β to proteolytic cleavage in the presence of zinc would increase the peptide's biological half-life, and increased adhesiveness may also promote its binding to extracellular matrix elements. It has been reported recently that A β promotes neurite outgrowth by complexing with laminin and fibronectin in the extracellular matrix (Koo *et al.*, *Proc. Natl. Acad. Sci. USA* 90:4748-4752 (1993)). Hence, both APP and A β may interact with the extracellular matrix to modulate cell adhesion. The possibility that zinc is a local environmental cofactor modulating this interaction merits further investigation.

[0114] APP is highly abundant in platelets and brain (Bush *et al.*, *J. Biol. Chem.* 265:15977-15983 (1990)) where zinc is also highly concentrated (Baker *et al.*, *Thromb. Haemostasis* 39:360-365 (1978); Frederickson, C.J., *Int. Rev. Neurobiol.*

31:145-328 (1989)). Although APP is concentrated in vesicles in both of these tissues (Bush *et al.*, *J. Biol. Chem.* 265:15977-15983 (1990); Schubert *et al.*, *Brain Res.* 563:184-194 (1991)), and zinc is actively taken up (Wolf *et al.*, *Neurosci. Lett.* 51:277-280 (1984)) and stored in synaptic vesicles in nerve terminals throughout the telencephalon (Perez-Clausell and Danscher, *Brain Res.* 3371:91-98 (1985), the co-localization of APP with zinc in these vesicles has yet to be demonstrated. Vesicular zinc storage is thought to play a role in stabilizing functional molecules such as NGF and insulin as insoluble intravesicular precipitates (Frederickson *et al.*, *J. Histochem. Cytochem.* 35:579-583 (1987)). Zinc may similarly play a role in stabilizing APP and A β .

[0115] The interaction between A β and zinc may be compared with that of insulin, a peptide whose zinc binding properties are well characterized. Like A β , insulin exhibits histidine-dependent high-affinity ($K_a = 5 \mu\text{M}$) and low-affinity ($K_a = 140 \mu\text{M}$) zinc binding with stoichiometries of 1:1 (insulin:zinc) and 1:2, respectively (Goldman and Carpenter, *Biochemistry* 13:4566-4574 (1974)). Additionally, metal-free insulin exhibits a pH-dependent polymerization pattern consisting of monomer, dimer, tetramer, hexamer, and higher aggregation states, in dynamic equilibrium. At neutral pH, zinc and other divalent metal ions shift the equilibrium toward the higher aggregation states. At stoichiometric ratios of Zn^{2+} :insulin in excess of 0.33, the peptide precipitates (Fredericq, E., *Arch. Biochem. Biophys.* 65:218-228 (1956)), reminiscent of zinc's effects upon A β observed in the current studies.

[0116] A β chelates zinc with such high affinity that reports of its neurotoxic effects in neuronal cultures (Yankner *et al.*, *Science* 250:279-282 (1990); Koh *et al.*, *Brain Res.* 533:315-320 (1990)) might be explained by a disturbance of zinc homeostasis. A β accumulates most consistently in the hippocampus, where extreme fluctuations of zinc concentrations occur (0.15-300 μM) (Frederickson, C.J., *Int. Rev. Neurobiol.* 31:145-328 (1989)), *e.g.*, during synaptic transmission (Assaf and Chung, *Nature* 308:734-736 (1984); Howell *et al.*, *Nature* 308:736-738 (1984); Xie and Smart, *Nature* 349:521-524 (1991)). Choi and co-workers (Weiss *et al.*, *Nature* 338:212 (1989)) have proposed that this trans-synaptic

movement of zinc may have a normal signaling function and may be involved in long term potentiation. The hippocampus is the region of the brain that both contains the highest zinc concentrations (Frederickson *et al.*, *Brain Res.* 273:335-339 (1983)) and is most severely and consistently affected by the pathological lesions of Alzheimer's disease (Hyman *et al.*, *Ann. Neurol.* 20:472-481 (1986)). One of the prominent neurochemical deficits in Alzheimer's disease is cholinergic deafferentation of the hippocampus, which has been shown to raise the concentration of zinc in this region (Stewart *et al.*, *Brain Res.* 290:43-51 (1984)).

[0117] The rapid zinc-accelerated precipitation of A β by aluminum silicate (kaolin) is significant because of the candidacy of aluminum as a pathogenic agent in AD (Perl and Brody, *Science* 208:297-299 (1980)). Recent reports of Zn²⁺- and Al³⁺-induced sedimentation of A β (Mantyh *et al.*, *J. Neurochem.* 61:1171-1174 (1993)), and the nucleation of A β precipitation by aluminosilicate (Candy *et al.*, *Biochem. Soc. Trans.* 21:53S (Abstract) (1992)) also support these observations.

[0118] Evidence for altered zinc metabolism in AD includes decreased temporal lobe zinc levels (Wenstrup *et al.*, *Brain Res.* 533:125-131 (1990); Constantinidis, *Encephale* 16:231-239 (1990); Corrigan *et al.*, *Biomaterials* 6:149-154 (1993)), elevated (80%) cerebrospinal fluid levels (Hershey *et al.*, *Neurology* 33:1350-1353 (1983)), increased hepatic zinc with reduced zinc bound to metallothionein (Lui *et al.*, *J. Am. Geriatr. Soc.* 38:633-639 (1990)), a Zn²⁺-modulated abnormality of APP in AD plasma (Bush *et al.*, *Ann. Neurol.* 32:57-65 (1992)), an increase in extracellular Zn²⁺-metalloproteinase activities in AD hippocampus (Backstrom *et al.*, *J. Neurochem.* 58:983-992 (1992)), and decreased levels of astrocytic growth inhibitory factor, a metallothionein-like protein which chelates zinc (Uchida *et al.*, *Neuron* 7:337-347 (1991)). Collectively, these reports indicate that there may be an abnormality in the uptake or distribution of zinc in the AD brain causing high extracellular concentrations and low intracellular concentrations in the brain. Meanwhile, environmentally induced elevations of brain concentrations of both zinc (Duncan *et al.*, *J. Neurosci.* 12:1523-1537 (1992)) and aluminum (Garruto *et al.*, *Proc. Natl. Acad. Sci. USA* 81:1875-1879

(1984); Perl *et al.*, *Science* 217:1053-1055 (1982)) have been implicated in the pathogenesis of Guamanian amyotrophic lateral sclerosis/Parkinson's dementia complex, a disease also characterized by neurofibrillary tangles (Guiroy *et al.*, *Proc. Natl. Acad. Sci. USA* 84:2073-2077 (1987)). Interestingly, a pervasive abnormality of zinc metabolism manifested by immunological and endocrine dysfunction has been described as a common complication of Down's syndrome (Franceschi *et al.*, *J. Ment. Defic. Res.* 32:169-181 (1988); Bjorksten *et al.*, *Acta. Pediatr. Scand.* 69:183-187 (1980)), a condition characterized by the invariable onset of presenile A β deposition and Alzheimer's disease (Rumble *et al.*, *N. Engl. J. Med.* 320:1446-1452 (1989)).

- [0119] These results indicate that abnormally high zinc concentrations increase A β resistance to secretase-type cleavage and also accelerate A β precipitation onto aluminosilicates. Zinc-induced accumulation of A β in the neuropil may, in turn, invoke a glial inflammatory response, free radical attack, and oxidative cross-linking to form an, ultimately, "mature" amyloid. Collectively, these findings support the biochemical rationale for the chelation approach in the therapy of Alzheimer's disease (Crapper McLachlan *et al.*, *Lancet* 337:1304-1308 (1991)), since reduction of cerebral concentrations of both aluminum and zinc could potentially decelerate the precipitation of A β .

EXAMPLE 5

Scatchard analysis of ^{65}Zn binding to rat A β_{1-40}

- [0120] Dissolved peptides (1.2 nmol) were dot-blotted onto 0.20 μ PVDF membrane (Pierce) and competition analysis performed as described in Example 1 to measure the K_A of zinc binding to human A β_{1-40} (FIG. 1).
- [0121] In the present invention, rat A β_{1-40} and human A β_{1-40} were synthesized by solid-phase Fmoc chemistry. Purification by reverse-phase HPLC and amino acid sequencing confirmed the synthesis. The tabulated results are presented in FIG. 5. The regression line indicates a K_A of 3.8 μM . Stoichiometry of binding is 1:1. Although the data points for the Scatchard curve are slightly suggestive

of a biphasic curve, a biphasic iteration yields association constants of 2 and 9 μM , which does not justify an interpretation of physiologically separate binding sites.

EXAMPLE 6

Effect of zinc upon human, ^{125}I -human and rat $\text{A}\beta_{1-40}$ aggregation
into $>0.2 \mu$ particles

[0122] Stock human and rat $\text{A}\beta_{1-40}$ peptide solutions (16 μM) in water were prefiltered (Spin-X, Costar, 0.2 μ cellulose acetate, 700g), brought to 100 mM NaCl, 20 mM Tris-HCl, pH 7.4 (buffer 1) \pm EDTA (50 μM) or metal chloride salts, incubated (30 minutes, 37°C) and then filtered again (700g, 4 minutes). The fraction of the $\text{A}\beta_{1-40}$ in the filtrate was calculated by the ratio of the filtrate OD_{214} (the response of the OD_{214} , titrated against human and rat $\text{A}\beta_{1-40}$ concentrations (up to 20 μM in the buffers used in these experiments), was determined to be linear) relative to the OD_{214} of the unfiltered sample. The results are tabulated in FIG. 6. All data points are in triplicate, unless indicated. (FIG. 6a) Proportions of $\text{A}\beta_{1-40}$, incubated $\pm \text{Zn}^{2+}$ (25 μM) or EDTA (50 μM) and then filtered through 0.2 μ , titrated against peptide concentration. (FIG. 6b) Proportion of $\text{A}\beta_{1-40}$ (1.6 μM) filtered through 0.2 μ , titrated against Zn^{2+} concentration. ^{125}I -human $\text{A}\beta_{1-40}$ (^{125}I -human $\text{A}\beta_{1-40}$ was prepared according to the method in J.E. Maggio, *PNAS USA* 89:5462-5466 (1992) (15,000 CPM, the kind gift of Dr. John Maggio, Harvard Medical School) was added to unlabeled $\text{A}\beta_{1-40}$ (1.6 μM) as a tracer, incubated and filtered as described above. The CPM in the filtrate and retained on the excised filter were measured by a γ -counter. (FIG. 6c) Proportion of $\text{A}\beta_{1-40}$ (1.6 μM) filtered through 0.2 μ following incubation with various metal ions (3 μM). The atomic number of the metal species is indicated. (FIG. 6d) Effects of Zn^{2+} (25 μM) or EDTA (50 μM) upon kinetics of human $\text{A}\beta_{1-40}$ aggregation measured by 0.2 μ filtration. Data points are in duplicate.

EXAMPLE 7

Size estimation of zinc-induced A β aggregates

[0123] (FIGS. 7a and 7b) Proportion of A β_{1-40} (1.6 μ M in buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4)), was incubated \pm Zn²⁺ (25 μ M) or EDTA (50 μ M) and was then filtered through filters of indicated pore sizes (Durapore filters (Ultrafree-MC, Millipore) were used for this study, hence there is a slight discrepancy between the values obtained with the 0.22 μ filters in this study compared to values obtained in FIG. 2 using 0.2 μ Costar filters). (FIG. 7c) ⁶⁵ZnCl₂ (130,000 CPM, 74 nM) was used as a tracer of the assembly of the zinc-induced aggregates of human A β_{1-40} produced in FIG. 3a. By determining the amounts of A β_{1-40} and ⁶⁵Zn in the filtrate, the quantities retarded by the filters could be determined, and the stoichiometry of the zinc: A β assemblies estimated. (FIG. 7d) Following this procedure, the filters, retaining Zn: A β assemblies, were washed with buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4) + EDTA (50 μ M x 300 μ l, 700g, 4 minutes). The amounts of zinc-precipitated A β_{1-40} resolubilized in the filtrate fraction were determined by OD₂₁₄, and expressed as a percentage of the amount originally retained by the respective filters. ⁶⁵Zn released into the filtrate was measured by γ -counting.

EXAMPLE 8

Zinc-induced tinctorial amyloid formation

[0124] (FIG. 8a) depicts Zinc-induced human A β_{1-40} precipitate stained with Congo Red. The particle diameter is 40 μ . A β_{1-40} (200 μ l x 25 μ M in buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4)) was incubated (30 minutes, 37°C) in the presence of 25 μ M Zn²⁺. The mixture was then centrifuged (16,000g x 15 minutes), the pellet washed in buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4) + EDTA (50 μ M), pelleted again and resuspended in Congo Red (1% in 50% ethanol, 5 minutes). Unbound dye was removed, the pellet washed with buffer 1 (100 mM NaCl, 20 mM Tris-HCl, pH 7.4) and mounted for microscopy.

(FIG. 8b) The same aggregate visualized under polarized light, manifesting green birefringence. The experiment was repeated with EDTA (50 μ M) substituted for Zn^{2+} and yielded no visible material.

EXAMPLE 9

Effect of zinc and copper upon human, ^{125}I -human and rat $\text{A}\beta_{1-40}$ aggregation into $>0.2 \mu$ particles

[0125] Stock human and rat $\text{A}\beta_{1-40}$ peptide solutions (16 μ M) in water were pre-filtered (Spin-X, Costar, 0.2 μ cellulose acetate, 700g), brought to 100 mM NaCl, 20 mM Tris-HCl, pH 7.4 (buffer 1) \pm EDTA (50 μ M) or metal chloride salts, incubated (30 minutes, 37°C) and then filtered again (700g, 4 minutes). The fraction of the $\text{A}\beta_{1-40}$ in the filtrate was calculated by the ratio of the filtrate OD_{214} (the response of the OD_{214} , titrated against human and rat $\text{A}\beta_{1-40}$ concentrations (up to 20 μ M in the buffers used in these experiments), was determined to be linear) relative to the OD_{214} of the unfiltered sample. All data points are in triplicate, unless indicated. (FIG. 9) A graph showing the proportions of $\text{A}\beta_{1-40}$, incubated $\pm \text{Zn}^{2+}$ (25 μ M) or Cu^{2+} or EDTA (50 μ M) and then filtered through 0.2 μ , titrated against peptide concentration.

EXAMPLE 10

Effect of zinc upon $\text{A}\beta$ produced in cell culture

[0126] A cell culture, preferably mammalian cell culture, expressing, preferably overexpressing, human APP is established according to well-known methods in the art, e.g. N. Suzuki *et al.*, *Science* 264:1336-1340 (1994); X-D Cai *et al.*, *Science* 259:514-516 (1993); F.S. Esch *et al.*, *Science* 248:1122-1124 (1990). Next, zinc is added to the culture medium to final concentration from about 200 nM to about 5 μ M. Then the cell cultures, containing zinc, are incubated from about 15 minutes to as long as they can survive in the culture. Preferably, the cells are incubated for 3 to 4 days. While fresh media may be added to the

cultures, no spent medium should be taken out since it contains amyloid or zinc-induced A β aggregates.

[0127] The media which can be used are isotonic or physiological media, at physiological pH (about 7.4). Preferably Tyrode's buffer is used with calcium, magnesium, and potassium, as well as glucose. Any medium used must be devoid of cysteine, glutamate, aspartate, and histidine since these amino acids chelate zinc. Basically, any isotonic buffer or physiological medium which minimizes constituents which chelate zinc may be used. For example, Krebs Mammalian Ringer Solutions, in *Data for Biochemical Research*, 3d Edition by Dawson *et al.*, Oxford Science Publications, pp.446 (N.Y. 1986), and page 447 for Balanced Salt Solutions, provide recipes for making various useful media. The constituents that should be left out are serum and the four amino acids mentioned above.

[0128] The cell culture should be incubated at about 37 degrees centigrade with air or O₂/CO₂ (the maximum concentration of CO₂ is 5%).

[0129] Next, the cells and the medium are harvested together. A detergent such as Triton (at concentrations of about 1-2% v:v) is added and the mixture is incubated for about 3 minutes to overnight. Preferably, however, it is incubated for about 1 to 2 hours.

[0130] After incubation, the cell debris as well as amyloid and zinc-induced A β aggregates are pelleted by centrifugation. The pellet is suspended in pepsin (about 2%) or in any other peptidase, and it is incubated from about 1 hour to overnight to allow digestion of the cell debris.

[0131] Again, it is pelleted, washed with PBS or any other appropriate salt solution, stained with Congo Red, washed again, pelleted to remove any unbound Congo Red, and resuspended in aqueous solution. At this point, a sample can be visually inspected under a microscope. Further, it can be quantitated using a grid.

EXAMPLE 11

Assay for predicting the effectiveness of candidate reagents in cell culture

- [0132] The assay is set up in duplicate as described in Example 10. However, a candidate reagent is added to one of the two cell cultures and EDTA is added to the other cell culture. After the final step in Example 10, the amount of amyloid and zinc-induced A β aggregates are compared under the microscope. The probability and level of effectiveness of the candidate reagent is assessed based on the degree decrease in formation of amyloid and zinc-induced A β aggregates in the cell culture.

EXAMPLE 12

Rapid assay for detection of A β amyloid formation in biological fluid

- [0133] Cerebrospinal fluid (CSF) is obtained from a healthy human subject (control) and a human patient suspected of amyloidosis. Both samples of CSF are titrated by serial dilutions, *e.g.*, neat, 1:2, 1:4, 1:6, ...; dilutions may be made up to 1:10,000.
- [0134] To each of the samples, an equal amount of A β peptide in water is added to the final concentration of above about 10 μ M, preferably about 10 to about 25 μ M.
- [0135] Next, a solution which contains a heavy metal cation capable of binding to a peptide comprising at least amino acids 6 to 28 of A β , preferably Zn²⁺, plus NaCl and a buffer, *e.g.*, Tris at pH 7.4, is added to the final heavy metal cation, *e.g.*, Zn²⁺, to a final concentration of about above 300 nM, preferably 25 μ M.
- [0136] Then, the samples are centrifuged to form pellets. Pellets are stained with an amyloid-staining dye, *e.g.*, Congo Red, and observed under a microscope, thereby comparing levels of A β amyloid in the control versus the sample from the patient with amyloidosis. If quantification of amyloid is desired, a grid can be used.

EXAMPLE 13

Rapid assay for detection of A β amyloid formation
in biological fluid using ^3H -A β

- [0137] The assay is set up as explained in Example 12, except that the A β peptide added is labelled beforehand by tritium. Moreover, after centrifugation, the pellets are counted in a scintillation counter.
- [0138] The preferred method of detecting the amyloid, however, is by using filtration techniques as described above instead of centrifugation. After the samples are passed through a filter, the filters are added to scintillation fluid and the counts are determined.
- [0139] Comparing the CPM from control samples with samples of the suspected amyloidosis patient, it can be determined whether the patient is in fact afflicted with amyloidosis. That is, an elevated CPM count in the patient samples compared to the control samples is indicative of amyloidosis.
- [0140] Having now fully described this invention, it will be understood by those of skill in the art that it can be performed within any wide range of equivalent modes of operation as well as other parameters without affecting the scope of the invention or any embodiment thereof.
- [0141] All patents and publications cited in the present specification are incorporated by reference herein in their entirety.